Factors Affecting Microbial Growth

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Microbial growth

• The microbial growth is the increase in number of cells rather than in size of individual cells.
• The requirements for microbial growth can be divided into two main categories: physical and nutritional.

Factors affecting Microbial growth

➔ Physical factors
• pH
• Temperature
• Osmotic pressure
• Hydrostatic pressure
• Moisture
• Radiation
• Oxygen concentration

Nutritional factors
• Carbon
• Nitrogen
• Sulfur
• Phosphorus
• Trace elements
• Vitamins
pH

The microorganisms are divided into different categories with respect to their pH range.

**Acidophiles** (0.1 – 5.4)
e.g *Lactobacillus*

**Neutrophiles** (5.4 – 8.0)
e.g *Bacterial pneumonia*

**Alkaliphiles** (7.0 – 11.5)
e.g *Agrobacterium*

Temperature

**Psychrophiles** “cold loving bacteria” (15 -20c)
- **Obligate psychrophiles**
  These can not grow above 20c e.g *Bacillus globisporus*
- **Facultative psychrophiles**
  It grows best below 20c but can also grow above e.g *Xanthomonas pharaonis*

**Mesophiles** 25 -40c
e.g all human pathogens

**Thermophiles** “Heat loving” (50 -60c)
- **Obligate Thermophiles**
  They can only grow at temperature above 37C. E.g. Archea, Eubacteria
- **Facultative Thermophiles**
  They can grow above and below 37C.
**Oxygen**

**Obligate aerobes**
Which always require oxygen to grow e.g *Pseudomonas*

**Obligate anaerobes**
They don't require oxygen at all for growth and respiration e.g *clostridium*

**Micro aerophiles**
They grow best in small amount of oxygen e.g *Campylobacter*

**Aerotolerent anaerobes**
They can survive in presence of oxygen but don't use it in their metabolism.

  e.g *Lactobacillus*

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**Moisture**

Unlike large organisms that have protective covering and internal fluid environments single celled are directly exposed to the environments so they need constant moisture to survive.

**Osmotic pressure**

**Plasmolysis** happens when the dissolved substances in the environment exert more pressure as compared to the substances within the cell (hyperosmotic environment) and lead to cell shrink.
**Distension** when cells in distilled water have higher osmotic pressure inside as compared to the environment and gain water and cell become turgid to prevent bursting. This is called distension.

**Radiation**
Radiations like UV rays and gamma rays can mutate DNA and kill microorganisms, the bacterium *Deinococcus radiodurans* can survive harsh radiations such microbes are used in cleaning up the contaminated sites.

**Hydrostatic pressure**
Many microbes have to face water pressure specially in lakes and oceans and those who survive in such habitat are *Barophiles.*
Nutrition

**Carbon sources:**
- Carbon is used as energy source.
- Its compounds as building blocks to synthesize cell components

**Nitrogen sources:**
- Microbes need nitrogen to synthesize enzymes, other proteins and nucleic acids.
- Some obtain by inorganic sources.
- They reduce nitrate ions to amino groups and use amino groups to make amino acids then these are used in protein synthesis.

**Sulfur and phosphorus:**
- Microbes obtain sulfur from inorganic sulfate salts and sulfur containing amino acids.
- They use them to make proteins, coenzymes and other cell components.
- Microbes obtain phosphorus mainly from inorganic phosphate ions.
- They use phosphorus to synthesize ATP phospholipids and nucleic acids.
Trace elements

- Microbes require trace elements copper, iron, zinc, and cobalt usually in the form of ions.
- Trace elements serve as cofactors in enzymatic reactions such as potassium.
- Zinc, magnesium, and manganese are used to activate certain enzymes.
- Cobalt is required to synthesize vitamin B12.
- Iron is required for the synthesis of heme containing compounds.
- Calcium is required by gram positive bacteria for the synthesis of cell wall and by spore forming organisms for the synthesis of spores.

Vitamins

- An organic compound that an organism require in small amount and used as a coenzyme.
- These include folic acid, vitamin B12, and vitamin K.
- Human pathogens require the vitamins and then they become able to grow in the host by receiving these from host.
- Microbes living in human intestine manufacture vitamin K, which is necessary for blood coagulation.
Environmental perspective

- Environment is rich reservoir for the growth of microbes specially soil in which all essential elements that are required for the growth of microbes are present.
- Environment contains all types of habitats to support different categories of microbes starting from pH, oxygen, temperature and pressures.
- This mechanism is maintained by the biological processes of which the microbes are a part, for example nitrogen and carbon cycling.
- By isolating the microbes from environment and knowing the composition of their habitat, now they are cultured in the laboratories by providing with all nutritional requirements.

Culture Media
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Culture media

A nutrient material prepared for the growth of microorganisms in a laboratory is called a culture medium.

• A wide variety of media are available for the growth of microorganisms in the laboratory.
• Media are constantly being developed or revised for use in the isolation and identification of bacteria that are of interest to researchers in such fields as food, water, and clinical microbiology.

• Microbes that are introduced into a culture medium to initiate growth are called an inoculum.
• The microbes that grow and multiply in or on a culture medium are referred to as the culture.
• sterile—that is, it must initially contain no living microorganisms so that the culture will contain only the microbes (and their offspring) we add to medium.
Agar

- A solidifying agent added to the culture medium.
- A complex polysaccharide derived from a marine alga.
- It is generally not degraded by microbes.
- Liquefies at 100° C
- Solidifies at ~40° C

Classification Of Media

1. Consistency
2. Nutritional
3. Functional
Classification based on Consistency

• Based on agar concentration:

1. **Solid media**: 2% agar e.g. Nutrient agar
2. **Liquid media**: Absence of agar e.g. nutrient broth
3. **Semi solid media**: 0.2-0.5% agar e.g. peptone water

Chemically defined medium

• A chemically defined medium is one whose **exact chemical** composition is known.
• For a chemoheterotroph, the chemically defined medium must contain organic growth factors that serve as a source of carbon and energy.
Classification based on Nutritional components

1. Simple media
2. Complex media
3. Synthetic media
Classification based on Functional

• Selective medium
• Differential medium
• Enrichment medium
• Reducing medium
Selective medium

• It is designed to inhibit the growth of undesired organisms and to encourage the growth of the desired microbes.
• Various method to make it selective include: Addition of antibiotics, dyes, chemicals, alteration of pH or a combination of these medium.
• For example, bismuth sulfite agar is one medium used to isolate the typhoid bacterium, the gram-negative Salmonella typhi from feces. Bismuth sulfite inhibits gram-positive bacteria and most gram-negative intestinal bacteria (other than S. typhi), as well.
• Sabouraud's dextrose agar, which has a pH of 5.6, is used to isolate fungi that outgrow most bacteria at this pH.

Differential medium

• It distinguishes one microrganism type from another based on a difference in colony appearance includes (color, shape or growth pattern) on the media.

Bacterial colonies on differential media have a distinctive appearance. This medium is mannitol salt agar, and the bacteria in the colonies capable of fermenting the mannitol in the medium to acid, cause a change of color. Actually, this medium is also selective because the high salt concentration prevents the growth of most bacteria except Staphylococcus spp.
Reducing medium

• These media contain ingredients, such as sodium thioglycolate, that chemically combine with dissolved oxygen and deplete the oxygen in the culture medium.

• The cultivation of anaerobic bacteria poses a special problem. Because anaerobes might be killed by exposure to oxygen, special media called reducing media must be used.

Anaerobic growth methods

To culture obligate anaerobes, all molecular oxygen must be removed and kept out of medium. Agar plates are incubated in sealed jars containing chemical substances that remove oxygen and generate carbon dioxide or water.

An anaerobic chamber. The technician is pipetting a bacterial suspension into a flask inside an anaerobic chamber filled with an inert oxygen-free gas. His arms and hands are encased in glove ports. Organisms and materials enter and leave through the air-lock opening that is visible to the left.
Importance Of Culture Mediums

• As large number of population of bacteria in the nature so
  By appropriate procedures they have to be grown separately (isolated) on culture media and obtained as pure culture for study, subsequent clinical diagnoses.
• Bacteria have to be cultured in order to obtain antigens from developing serological assay for vaccines.
• Certain genetic studies and manipulations of the cells also need that bacteria to be cultured in vitro.

Phases of Growth

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GROWTH

• It is defined as an increase in cellular constituents that may result in either
  • Increase in cell number; or Increase in cell size
  • However when it comes to microorganisms, microbiologists usually study population growth rather than growth of individual cells

BACTERIAL GROWTH CURVE

• Microorganisms are cultivated in batch culture
  • Incubated in a closed vessel with a single batch of medium
  • Plotted as logarithm of cell number versus time
  • Growth of bacterial populations follow a sequential series of four distinct growth phases;
    • The Lag, Log, Stationary and Death phases.
LAG PHASE

• When introduced into fresh medium, bacterial cells from dormant state becomes actively growing state
• Cells synthesize new components or enzymes to replenish spent materials or to adapt to the new medium or conditions
• Phase varies in length from less than an hour to many days depending on the species
EXPONENTIAL/LOG PHASE

• Bacteria actively undergoing binary fission
• If conditions of sufficient nutrients and negligible waste accumulation persists, rate of growth is exponential and constant
• Bacterial population is most uniform in terms of chemical and physical properties during this phase
• Since the number of bacteria increase rapidly every generation, logarithmic graph is used for the representation of bacterial growth
• Most of the environmental and microbial research is done on bacteria in this phase

GENERATION TIME

• Bacteria double their number every generation time
• Generation time varies from species to species generally from 20 minutes to a few days.
• Growth can be calculated
  \[ N_t = N_0 \times 2^n \]
  • \(N_t\) number of cells in population
  • \(N_0\) original number of cells in the population
  • \(n\) number of divisions
  • Growth rate \((\text{min}^{-1}) = \frac{1}{\text{Mean Generation Time}}\)
STATIONARY PHASE

• Once cells have grown for a while, the nutrients begin to diminish.
• Cells may begin to die.
• This may be because metabolically active cells stop reproducing, and are balanced by the dying cells within the medium.

Bacterial Cells in four phases
POSSIBLE REASONS FOR ENTRY INTO STATIONARY PHASE

• Nutrient Limitation
• Limited Oxygen Availability
• Toxic Waste Accumulation
• Critical Population Density reached

STARVATION RESPONSES

• Morphological changes e.g. Endospore formation
• Decrease in cell size, protoplast shrinkage, and nucleoid condensation
• Production of Starvation Proteins
• Long term Survival
• Increased Virulence
DEATH PHASE

• Extensive depletion of nutrients and waste accumulation
• Cells dying at exponential rate
• Irreversible loss of ability to reproduce
• In some cases, death rate slows due to accumulation of resistant cells
• If cells are to survive, they have to switch from metabolically active state into dormant state because there are no available nutrients for cell’s growth